

#### LIVED EXPERIENCE INTO ACTION PROJECT

"Activating Lived Experience to Transform Lives"

# Introduction



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LEAP is a project that sits within Good Shepherd and funded by the Oak Foundation. Funding has been secured until December 2026.

The LEAP project manager has 12 years of personal recovery experience as well as over 10 years experience working with vulnerable adults of which has given great insight when designing and leading the project.





# What Do We Do?

LEAPs primary objective is to empower experts by experience volunteers to support clients to maintain their tenancy's

Lived experience volunteers will provide quick access to brief intervention support sessions on a one-to one basis



# Areas of Support

- Activities/Group Work
- Access to Peer Support
- Addiction Support
- Outreach Support
- Befriending Service
- Sign Posting
- Volunteering
- Housing

- Benefits
- Employment
- Training
- Education
- Advocacy
- Form Filling
- Debt Support
- Well-being Support



# Criteria

Must reside in Wolverhampton

The support need in question must contribute to the client maintaining their tenancy

Priority for people experiencing multiple disadvantage with a history of street homelessness



# How To Access Support

Clients can either self refer by contacting LEAP/Good Shepherd directly

-or-

Clients can be referred by professionals



### LEAP Volunteer Programme

The project offers two levels of volunteering...

LEAP Navigators - For people in early stages of recovery

Senior LEAP Navigators - for people who have demonstrated stability and shown they can safely and effectively deliver peer support.

# **Support Available to LEAP Volunteers**

We offer internal volunteer training, external accredited training, and a Level 3 Adult Health and Social Care Diploma.

LEAP also offers a comprehensive person centred/recovery focused support package to all volunteers to ensure that volunteers maintain their recovery and personal growth.



# **Volunteer Programme Criteria**

A lived experience of either homelessness, drug/alcohol addiction, mental health, or related issues

To be illicit drug/alcohol free for at least 3 months – If there has been dependency issues

Able to demonstrate stability in their life and commitment to ongoing recovery

Motivated to develop their skills, abilities, and engage with training opportunities

## How To Access The Volunteer Programme

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Volunteer application forms can be found on the Good Shepherd Website and social media platforms

Volunteer application forms can also be collected from the Good Shepherd building on Waterloo Road



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### **Contact Details**

Chris Cole – LEAP Project Manager Email: <u>Chris@gsmwolverhampton.org.uk</u>

Karen Hancox – Volunteer Co-Ordinator Email: <u>Karen@gsmwolverhampton.org.uk</u>

Good Shepherd www.gsmwolverhampton.org.uk Telephone: 01902 399955 Socials @GSM\_Wolves