



AUTUMN NEWSLETTER 2023

In the first six months of 2023, we've seen a **27% increase** in the number of people accessing our food and crisis support service, a **19% increase** in the amount of food interventions (hot meals, family food parcels, takeout meals) we've delivered for individuals and families, and a **60% increase** in the number of casework sessions we've delivered compared to the same period in 2022.

At the same time, we've experienced an increase in costs related to running our services. Like most, our utility bills have increased since last year; and although we work closely with food partners and have good relationships with supporters in the community who continue to donate food and other items; the cost of purchasing food to deliver the food service has increased by **68%**.

We have a wide network of partners across the city and will refer into them for specialist support services. In the first six months of the year, we supported almost **1,000** unique individuals through our food and crisis support service, provided over **13,000** hot meals and food parcels, and delivered **1,160** casework sessions.

We continue to be overwhelmed by the fantastic amount of support we receive and our volunteers have clocked up **3,615** of volunteering hours over this same period, for which we couldn't operate without their support.

Dates for the Diary

Coffee Morning - Saturday 14th October 10-11.30am, all welcome to the Good Shepherd

Molineux Sleep Out - Friday 17th November

The Big Give Christmas Challenge - The UK's biggest match funded campaign. One donation, twice the impact, 28th November - 5th December

Christmas Church Service - Thursday 4th December 2.30pm, held at St Peters Church

Good Shepherd Calendars - will also be on sale in December to watch this space!



We've raised over £3,000 so far for our 2023 campaign, which is over 60% of our target.

Good Shepherd Autumn Shopping List

- Long life milk
- Tinned meat
- Tinned vegetables
- Tinned tomatoes
- Gravy granules
- Pot Noodles
- Rice
- Sauce jars
- Jam
- Sugar
- Coffee
- Toiletries

Items can be dropped at:
65 Waterloo Road
Monday to Friday 8.30-11am or 2-3pm

Thank you for your support

